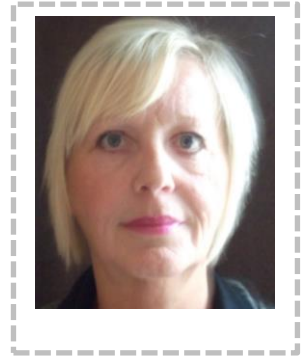


My One Page Profile

Cheryl Strudwick

Independent Living
Advisor - Staffordshire



What people **appreciate** about me

- Thoughtful and Kind
- Good listener
- Can be relied upon
- Honest and open
- Ability to deal with any situation calmly
- Proactive and positive approach to life and work
- Lively and entertaining with a good sense of humour

What is **important** to me

- My Husband, daughter, her fiancé and my little dog.
- Being able to travel on a regular basis with friends and family
- Social life with a good circle of friends who make life good
- Laughing and having days out with my best friend of forty years
- Walking with my dog – it clears my mind
- Being a supportive friend, mother and wife
- Enjoying my job and supporting others
- Working with a team of people I like
- I love fashion and like to be creative with clothes
- Music and attending shows and concerts

How to **support** me

- Be available for one to one discussion if I have any issues
- Be honest open and non critical
- Give me time to think and reflect
- Present me with facts and written information
- Be supportive and offer positive advice
- Share regular information and let me work as part of a team